

# Joy is choosing to celebrate what God is doing.

Read: Matthew 5:16

DAY

1



## Imagine That

When we imagine ourselves in someone else's shoes, we can see things differently. Ask your adult to tell you a story about a time they had something really great happen to them, and then something that was really hard. Talk about how you would feel if that had happened to you.

Adults: Tell your child either a true story of something that happened to you, or if needed, feel free to create a story that would convey joy and another one to convey sadness. Guide your child to see the joy or sadness through the details you share.

**ASK others where they have found joy.**

DAY

2



## Joy! Joy!

Have a dance party! Find some music that brings you joy and rock out! If dancing isn't your thing, draw a picture of something that you do that brings you joy!

**KNOW that God is the creator of joy!**

DAY

3

## Let Your Light Shine

Grab a flashlight and read this week's verse. How do you let your light shine? Can others see it? What can you do this week to show others the light of Jesus?

**LOOK for ways to let your light shine!**

DAY

4



## Finding Joy

Jesus helps us find joy in many different ways. We can also bring joy to others around us because of our joy from Jesus. Ask Jesus to help you shine your light and bring others joy this week.

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 "Dear God, thank You for the joy that You bring me through Jesus. I pray that I can shine the light of Jesus and be a joy to others. I pray that my words and actions will be a light to draw others closer to You. I love You. In the Name of Jesus, Amen."  
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**THANK Jesus for being our joy!**



You can help others find joy.



# Joy is choosing to celebrate what God is doing.

## DAY 1

### Read Psalm 27:14

What do you hope for? Maybe you're hoping your teacher won't assign homework or your mom will make spaghetti for dinner. Maybe you're hoping that kid on the bus will be nice today. Or your Mom will find a job. Or your grandmother will feel better.

Even before we know how things will work out, we can choose to celebrate what God can and WILL do because God is in control. Not only that, but God loves us. Even if the thing we're hoping for doesn't work out the way we want it to, we can still trust that God loves us and will be with us. When you wait with hope, you can help others find joy too.

#### What's Missing?

Fill in the missing words from today's verse. Then pray and ask God to help you hope with joy this week.

"Wait for the ..... Be ..... and don't lose ..... Wait for the ....."

Psalm 27:14, NIV

## DAY 2

### Read Romans 12:15

In Bible times, it was customary to celebrate and mourn together. Entire villages would attend weddings and funerals as a way to support one another. Can you imagine inviting everyone in your town to your wedding? Or finding a church large enough to house everyone for a family member's funeral?

Sometimes all it takes is that one friend to make a difference. When a friend is sad, be the kind of friend who sits and listens. When a friend is excited and happy, be the kind of friend who celebrates with enthusiasm. You can encourage and help when friends are sad, and you can help others find joy too.

#### Prayers Of Joy

Do you have a friend who's had a hard day? Or a friend who's really excited about something? Stop and pray for that friend. Ask God to help you support and encourage them so they know you're on their side.

DAY 3

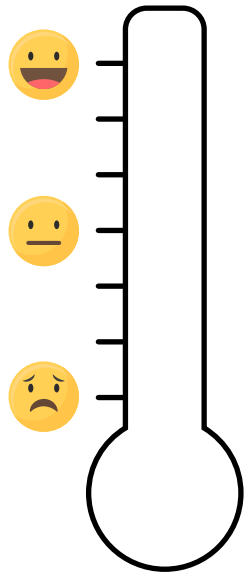
### Read Acts 2:46-47

The first followers of Jesus made up the early church. But church wasn't about meeting in a building. It was about gathering together to share what they had. They needed each other to lean on, to encourage each other, and to keep telling others about what Jesus had done even when it was hard. When they met, their hearts were happy. Gathering together brought them joy!

When you gather with your small group at church to pray together, learn together, and worship together, it's like filling up your gas tank with joy! And that joy can help you live out your faith and shine bright for Jesus all through the week.

#### Joy-O-Meter

How joyful do you feel today? Fill in the JOY-O-METER below to indicate your joy level. If it's low, talk to your parents about getting together with others who bring you joy so you can be encouraged and be an encouragement to others.



DAY 4

### Read Proverbs 17:22

#### Healthy Habit Jumble

REST EXERCISE WATER SUNSHINE  
OXYGEN JOY FRUITS AND VEGETABLES

Getting plenty of rest and exercise, drinking plenty of water, eating healthy foods, and making sure you get outside for some sunshine are all ways to keep your body in tip-top shape. But there is something else you can do to stay healthy! A cheerful heart is like good medicine. In other words, joy can make you feel better!

Try spreading some joy today.

How could you help someone else in your family?

How could you encourage a friend who is down?

Who needs to hear a silly joke or a funny story?

What is ONE thing you could do today to spread joy and cheer someone up?

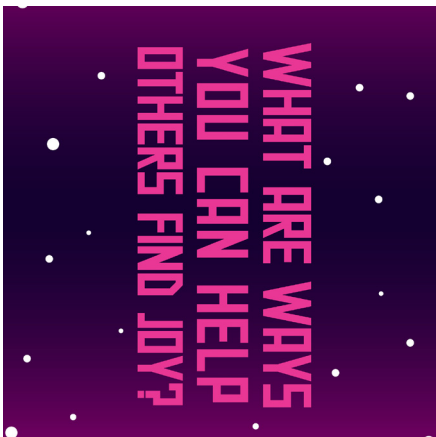
Pray and ask God to help you follow through on spreading joy around like good medicine this week!

*Answer key: Rest, exercise, water, sunshine, oxygen, joy, fruits and vegetables*



You can help others find joy.

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Handwriting practice lines consisting of a solid top line, a dashed middle line, and a solid bottom line, provided for journaling responses.



Day 1

After watching, write one thing that:

- 1. You liked: \_\_\_\_\_
- 2. You learned: \_\_\_\_\_
- 3. You'd like to know: \_\_\_\_\_

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story. Download it for free at [parentcue.org/app](http://parentcue.org/app).

Even if you already saw it at church, feel free to check it out again!



## Day 2

### Read Romans 12:15

Now that you've read Romans 12:15, you may be thinking, but how can I be joyful when others are joyful? Head over to Acts 2:42-47 and see how the early church treated each other and all the things they shared and did together. Fill in the words in the phrases below to find some of those things. (Note: These were created with the NIV translation.)

- \_\_\_\_\_ what the apostles taught.
- They shared their \_\_\_\_\_ together
- They \_\_\_\_\_ and \_\_\_\_\_ together.
- They shared \_\_\_\_\_ they had.
- They sold \_\_\_\_\_ and other things they owned.
- They \_\_\_\_\_ to anyone who needed \_\_\_\_\_.
- They met together in the \_\_\_\_\_ courtyard.
- They ate \_\_\_\_\_ together in their homes.
- They \_\_\_\_\_ God.



Answers: Studied, lives, ate, prayed, everything, property, gave, something, temple, meals, praised

## Day 3

### You can help others find joy, but that doesn't mean it's EASY to do so.

Sometimes it's even downright hard—like when you have to give up something you love. Unscramble the words below, and then take a couple of minutes to talk to God about this!



**Dear God,** I want to live a life of joy

and also help others find joy. I know I can help others find joy by sharing my

\_\_\_\_\_ with others. Or I can give up some of my \_\_\_\_\_

to play a game or video game with

my \_\_\_\_\_. Or maybe I can

\_\_\_\_\_ some of my toys or money to an organization helping little

kids. Most importantly, I can share the

\_\_\_\_\_ of \_\_\_\_\_ with others so they can experience

joy as well. Sometimes it's hard to

do things like this though, so I need

your help to be brave, generous, and

thoughtful. In Jesus' Name, I pray **Amen.**

Answers: talent, time, donate, love, Jesus

## Day 4

### Get a Bible and read Psalm 16:11.

Where does our joy come from? From Jesus, right! So one of the best ways **you can help others find joy**, is by telling them about Jesus!

Sometimes that's easy... other times, not so much. For today, just pick two people you can share the joy of Jesus with. You might ask if you can share Psalm 16:11 with them. You might share the story of how you came to put your trust in Jesus. You might play your favorite worship song while you and a friend are hanging out. It doesn't have to be intimidating if you just share from your heart the way that Jesus has brought you joy!

## Day 5

### What are ways you can help others find joy?



Go back and read Acts 2:42-47 again. Does anything stand out to you about how the early church participated in and celebrated what God was doing? Any guesses?

They did it together! When we take care of each other, help each other, encourage each other, it not only makes life easier, but it allows us to be a part of what God is doing in the world—which brings JOY!

What are some ways you can use what you have to bring joy to others? You could use your talents at church to volunteer with the music or help with VBS. Or maybe you and your small group could have a lemonade stand or bake sale to raise money for a local charity. You'll not only bring joy to the people who are served by the charity, but you'll probably find you and your friends will experience joy getting to be a part of showing God's love to others.

Make a plan and then recruit any help you need. Get a parent's permission—even better, get your whole family involved in helping others find joy!